## Sonora ISD Student Health Advisory Council

### Regular Meeting September 13, 2023 Minutes

#### <u>In Attendance:</u>

Scott Gaskill

Jill Hazelton

April Ramirez

**Brandee Peaslee** 

Whitt Peaslee

Pennie Litterell

**Brittany Welborn** 

Christina Ramirez

**Brandon Litterell** 

Chyenne Rivera

Julianna Sanchez

**Ryan Hazelton** 

#### Minutes:

- 1. Agenda posted at the Administration building and our meeting was recorded and will be posted on the website.
- 2. Introductions were made, and the Vison Statement and the Mission Statement were reviewed.
- 3. Scheduled the Walk to School Day for September 22<sup>rd</sup> for students and families in order to promote the importance of daily exercise with the addition of ALL High School students attending this year.
- 4. SKILLS students will be getting students together for Community Service. They will be in groups by grade and "Clean up Sonora"
- 5. We are planning to have another "Turkey Trot" as it continues to be a huge success. Date to be determined.
- 6. We will be having a Blood Drive on October 12<sup>th</sup> from 10:00am-3:00pm sponsored by the CNA class. It will be held in the HS Small Gym.
- 7. Health and Wellness film "Always Changing" will be given to 4<sup>th</sup> grade to discuss hygiene and puberty.

# Sonora ISD Student Health Advisory Council

- 8. Will look for options for an event for Mental Health Month
- 9. Discussed having a color run for High School
- 10. Open Forum—will be in contact to discuss dates on the events SHAC is planning to have
- 11. Next meeting set for December 13, 2023
- 12. Adjournment